

## Clinical Skills Checklist

Professionals to USA – August 2023

Date: \_\_\_\_\_

Name: \_\_\_\_\_

### Experience Rating Key

- 0. Not Applicable
- 1. No Experience
- 2. Some Experience (Requires Assistance)
- 3. Intermittent Experience (May require Assistance)
- 4. Experienced (Performs without Assistance)
- 5. Very Experienced (Able to teach/supervise)

General Skills	Score	Score
Advanced directives		Patient/family teaching
Restrictive devices (restraints)		Lift/transfer devices
Specialty beds		End of life care/palliative care
Wound assessment & care		Automated Medication Dispensing System Pyxis, Omnicell, or other
Bar coding for medication administration		Diabetic care and education
Blood Glucose Monitor (BGM)		Cardioversion/defibrillation
Electronic ICU		National Patient Safety Goals
Accurate patient identification		Effective communication
Interpretation & communication of lab values		Medication administration
Medication reconciliation		Labeling (medications and specimens)
Anticoagulation therapy		Monitoring conscious sedation
Pain assessment & management		Infection control
Universal precautions		Isolation
Minimize risk for falls		Prevention of pressure ulcers
Use of Rapid Response teams		Awareness of HCAHPS

Renal	Score	Score
Foley catheter insertion		Suprapubic tube
Nephrostomy tube		Peritoneal dialysis
Continuous Arteriovenous Hemofiltration (CAVHD, CVVHD, SCUF, CRRT)		Hemodialysis of the critically ill patient
Care of Patient with: Acute renal failure		Chronic renal failure
AV fistulas, shunts & dialysis catheters		Nephrectomy
Renal transplant		Renal / urinary tract trauma

## Clinical Skills Checklist

Other	Score		Score
Drug or chemical overdose (TCA, ethanol, ASA)		Poisoning (CO, cyanide)	
Substance abuse (ETOH, stimulants, narcotics)		Human Immunodeficiency Virus (HIV)	
Multisystem Organ Dysfunction Syndrome (MODS)		Anaphylaxis	
Disseminated Intravascular Coagulation {DIC}		Septic shock	
Cancer		Administration of chemotherapy	
Monitoring of chemotherapy (does not initiate)		Hyperbaric oxygenation	
Organ/tissue donation procedures		Suicide precautions	

Trauma & Burns	Score		Score
Mass Casualty		Electrocution	
Amputation		Gangrene	
Multiple Fractures		Thermoregulation Hypothermia/hyperthermia	
Burns : Calculation of Total Body Surface Area (BSA) Berdow Formula/'Rule of Nines'		Lund and Browder chart	
Fluid resuscitation		Care & management of burns	

Intravenous Management	Score		Score
Starting Peripheral IVs		Care of Patient with Peripherally-Inserted Central Catheter (PICC)	
Administration / monitoring of Total Parenteral Nutrition (TPN)		Administration of blood/blood products	
Administration of narcotics/sedatives: (fentanyl, Valium, Ativan, Versed, morphine)		Bispectral monitoring	

## Clinical Skills Checklist

<b>Pulmonary</b>	<i>Score</i>		<i>Score</i>
Assessment of breath sounds		Airway Management Care & Maintenance of: Oral / NT / ET airway	
Tracheostomy		Arterial blood gas analysis/interpretation	
Obtaining ABG blood sample/arterial line		Pulse oximetry	
Ventilator Management BiPAP (Bi-level Positive Airway Pressure)		Oscillation/high-frequency ventilation	
Nitric		Interpretation of weaning parameters	
Maintenance & management of pleural chest tubes		Care of Patient with: Acute respiratory failure	
Adult Respiratory Distress Syndrome (ARDS)		Sudden Inflammatory Respiratory	
Inhalation Injuries		Pneumonia	
Chronic Obstructive Pulmonary Disease (COPD)		Pre / post thoracic surgery	
Pulmonary hypertension		Status asthmaticus	
Medication Administration Rapid sequence intubation drugs / protocols		Nebulizer treatments: Ventolun, Atrovent	

<b>Age Specific Competencies</b>	<i>Score</i>		<i>Score</i>
Adolescent (ages 13-21 years)		Young adult (ages 22-39 years)	
Adult (ages 40-64 years)		Older adult (ages 65-79 years)	

<b>Gastrointestinal</b>	<i>Score</i>		<i>Score</i>
Small bore feeding tube insertion (Dobhoff or Keofeed)		Nasogastric tube insertion	
Post pyloric feeding tube insertion		Gastric lavage	
Use of activated charcoal		Maintenance of gastric/ jejunostomy tube	
Stoma care		Maintenance & management of eternal tube feedings	
Assisting / monitoring bedside procedures: end / chest, tubes / bronchs, trach insertion / PEG tubes		Care of Patients with: Abdominal trauma	
Acute gastrointestinal hemorrhage		Esophageal varices	
Balloon tamponade devises (i.e. Blakemore tube)		Whipple	
Peritonitis		Cirrhosis	
Acute pancreatitis		Bowel obstruction	
Large open abdominal surgeries X-Flaps		Liver / pancreas transplant	
Medication Administration Antiemetics: Reglan, Zofran, promethazine		H2 receptor antagonists	

## Clinical Skills Checklist

<b>Endocrine</b>	<i>Score</i>		<i>Score</i>
Diabetic Ketoacidosis (DKA)		Hyperosmolar Hyperglycemic Nonketotic Coma (HHNK)	
Diabetes Insipidus (DI)		Syndrome of Inappropriate Antidiuretic Hormone (SIADH)	
Administration & monitoring of insulin infusion		Use of Endo tool	

<b>Cardiovascular</b>	<i>Score</i>		<i>Score</i>
Assessment of heart sounds		Interpretation of arrhythmias	
Performing 12 lead EKG's		Interpretation of 12 lead EKG	
Interpretation of hemodynamic monitoring		Assist with Insertion & Management of: CVC (Central Venous Catheter)	
Arterial line		CVP	
Swanz Ganz catheter / Pulmonary Artery catheter		Flow Trac	
Vigileo		Intra-Aortic Balloon Pump (IABP)	
Ventricular Assist Device (LVAD, RVAD)		Impella	
Drainage devices		Maintenance & Management of: Permanent pacemakers	
Implantable Cardioverter Defibrillator (ICD)		External pacemakers –Venous or transcutaneous	
Epicardial pacemaker wires		Discontinuing venous / arterial sheaths	
Femostop / vaso seal		Care of Patients with: Acute myocardial infarction	
Pre / Post: cardiac catheterization		Congestive heart failure	
Cardiomyopathy		Dysrhythmias / conduction disturbances	
Endoluminal graft		Cardiogenic shock	
Hypertensive crisis		Pericarditis / endocarditis	
MAZE procedure		Post open heart (CABG / valve)	
Cardiac tamponade		Medication Administration ACLS medications and protocols	
Epinephrine		Antidysrhythmics	
Cardizem		Amiodarone	
Antianginal Drips		Nitroglycerine	
Antihypertensives		Nicardipine	
Nipride		Inotropes	
Dopamine		Dobutamine / Dobutrex	
Vasoactive / Vasopressor agents		Neosynephrine / Phenylephrine	
Levophed / Norepinephrine		Esmolol / Brevibloc	
Sedatives (propofol / presedex)		Thrombolytics (alteplase / activase)	

## Clinical Skills Checklist

Platelet inhibitors (ReoPro / Integrillin / Aggrastat)		Argatroban	
Flolan for pulmonary hypertension			

<b>Neurology</b>	<i>Score</i>		<i>Score</i>
Cranial nerve assessment		Glasgow coma scale	
NIH stroke scale		NIH stroke certification	
Seizure precautions		Skeletal traction	
Cervical spine precautions / logroll positioning		Halo vest / halo traction	
Monitoring of neuromuscular blocking agents / paralytics		Assist with lumbar puncture	
Intracranial / Cerebral Perfusion Pressure Monitoring (ICP/CPP) via: Ventriculostomy		Subarachnoid screw/bolt	
Care of Patients with: Lumbar drains		Neurogenic Shock	
Cerebral aneurysm		Subarachnoid hemorrhage	
Status epilepticus		TBI (Traumatic Brain Injury)	
Spinal cord injury		Cerebra Vascular Accident (CVA)	
Pre/post cranial surgery		Meningitis	
Guillain Barre Syndrome		Multiple Sclerosis	
Myasthenia gravis		Clipping and/or coilings of aneurysms	
Pituitary Tumor		Medication Administration Steroids: Decadron, Solu-Medrol	
Anticonvulsants: Dilantin, phenobarbital		Paralytic Agents: Norcuron, Pavalon, Nimbex, Tracrium, vecuronium	
Mannitol		Antipsychotics: Haldol	

<b>Tele-ICU (ICU-E)</b>	<i>Score</i>		<i>Score</i>
Monitoring		Communication	
Video assessment		Utilize tele-ICU system	
Multi-tasking		Troubleshoot equipment	
Giving directions over AV system		Interpretation of data	
Critical thinking		Diplomacy	

## Clinical Skills Checklist

<b>Labor and Delivery</b>	<b>Score</b>		<b>Score</b>
Electronic Fetal monitoring		Circulating in the Operating room for C/S, tubal ligation, and D&C	
Intrapartum Care		Post-Operative Recovery Care of the Cesarean Section patient	
Sterile Vaginal Exams		Care of High Risk antepartum patients	
Care of the Newborn during the first two hours of life.		Postpartum Care	
OB triage		Managing Pitocin titration	
Managing Magnesium Sulfate		Post-partum hemorrhage	
Shoulder Dystocia		Preeclampsia	
Stat section		Placental abruption	
Vaginal Delivery			

<b>Operating Room</b>	<b>Score</b>		<b>Score</b>
Assist in management of anesthesia		Perform, maintain, and adjust patient positioning in OR	
Maintain appropriate environmental conditions for sterilization process i.e. temperature and humidity		Perform surgical site preparation	
Experience in pre-operative responsibilities – verify patient identity, review patient info (lab values, allergies, NPO status).		Monitor effects of anesthetic agents and other drugs while patient is in OR	
Apply equipment to patient – safety straps, sequential compression device, thermoregulatory devices		Assist and/or supervise surgical environmental cleaning spills, room turnover, terminal cleaning	
Label medications, containers, solutions, specimens, including assessment of package, integrity, expiration dates.		Postoperative – perform hand off process to ensure continuity of care. Evaluate patient's physiological status/hemodynamics to facilitate transfer to PACU, ICI, home	

Experience Areas, mark "X" all that apply:			
NICU			
PICU			
Pediatric			
	<b>Score</b>		<b>Score</b>
Involves the patient and family and respects their role in determining the nature of care to be provided, including Advanced Directives.		Patients with endocrine system – Administration of IV insulin drip, Care of the infant/child in diabetic acidosis	
Neurology – Assessment of neurological system – Glasgow coma scale, cranial nerves, motor response, mental status, pupillary responses.		Gastrointestinal/Renal – Assessment of bowel sounds, caring for patient on tube feedings and PEG, caring for patients with abdominal surgery (drainage, NG tube, wound care)	
Care of patient with acute head injury, drug overdoses, seizures, spinal fusion.		Care of renal transplant patient	

## Clinical Skills Checklist

Assessment of cardiovascular system. Care patient with shock.		Caring for patient with acute GI bleed, chronic renal failure, peritoneal dialysis catheter	
Line skills – specimen collection – venipuncture, arterial puncture. IV therapy including starting, changing lines. Administering fluids		Other – Obtaining cultures for septic work-up. Caring immunocompromised child. Care for dying child/infant.	